

This shoe is panacea for  
different kinds of lower  
extremities diseases and  
rather a way to prevent that  
disease i.e.

Varicosities

Edema

Arthritis lower back pain

And orthostatic hypo tension

All kind of other immune  
disease that they need

physiotherapy

Economy class syndrome

means developing DVT in  
long flights

Or any other reason,

Old age

Cancer

Bone fractures

Bed ridden due to any reason

i.e. hospitalizations

Familial blood factor disease

Osteoporosis

And so on.

Other benefits:

Loosing weight,

Exercise that does not need  
time dedication,

**YOUR FEET IS YOUR SECOUND  
HEART**

**THE ONLY DIFERENCE BETWIN  
YOUR TWO HEARTS IS**

**THAT YOUR FIRST HAERT HAS A  
PACEMAKER BIULDIN**

**BUT YOUR SECOUND HEART DOSE  
NOT HAVE A PACEMAKER**

**AND YOU HAVE TO VOULENTEELY  
PUMPED ITS MUSCLES.**

**AND ANYTHING THAT YOU HAVE  
TO VOLENTEERLY DO**

**IS SUBGET TO HUMAN ERROR LIKE  
FORGETING**

**FOR EXAMPLE IF YOU HAVE TO  
BREATHE OR PUMP YOUR HAERT**

**IN THE NEXT FEW PAGES I TEACH YOU FEW FACTS ABOUT  
YOUR LOWER EXTERMITIES  
THAT IS VITAL FOUR EVERYBODY WANTS TO LIVE  
A HEALTHY LONG LIFE**

**I WILL TRY TO WRITE IN LAY LANGUAGE UNLESS THERE IS  
NO LAY WORD FOR IT**

### **FIRST**

**LOWER EXTERMITIES IS COMPOSED OF MUSCLE AND BONES AND NERVE  
AND VESSELS**

**VENOUS SYSTEM IN LOWER EXTERMITIES HAVE TO DRAIN THE  
BLOOD TO THE LUNGS AND HEART FOR OXYGENATION**

**AGAINST THE GRAVITY.**

**FOR THIS REASON EVOLUTION OR AS I  
BELIEVE GOD CREATED VENOUS VALVES  
THAT THEY ACT AS AN ONE WAY VALVE.  
IN THEM**

### **SECOND**

**MUSCLES IN LOWER EXT THE ONLY FORCE  
THAT PUSH THE BLOOD AGAINST THE  
GRAVITY AND PREVENTS BLOOD FROM  
POOLING STASIS AND CLOTTING FOR THAT  
REASON**

**TEBBY SHOES IS LIFTING THE ODYNE  
CURSE FROM YOUR SECOND HEART.**

**ALL THE FACTS ABOUT  
VENOUS SYSTEM IS  
TRUE ABOUT,  
LYMPHATIC SYSTEM,  
IN PARTICULAR VALVES  
AND THE NECESSITY OF  
MUSCLES PUMPS.**

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RESONS**

**TEBBY SHOES IS LIFTING THE ODYNE  
CURSE FROM YOUR SECOUND HEART.**

**NO EXTERA TIME NEEDED TO USE  
TEBBY SHOES**



**VOLUNTEERLY .IF YOU FORGET  
YOUR HEART WILL STOP.**

## **ODYNE CURSE**

**There is a Greek myth about an angry God that was cursed name odyne.**

**The curse was,**

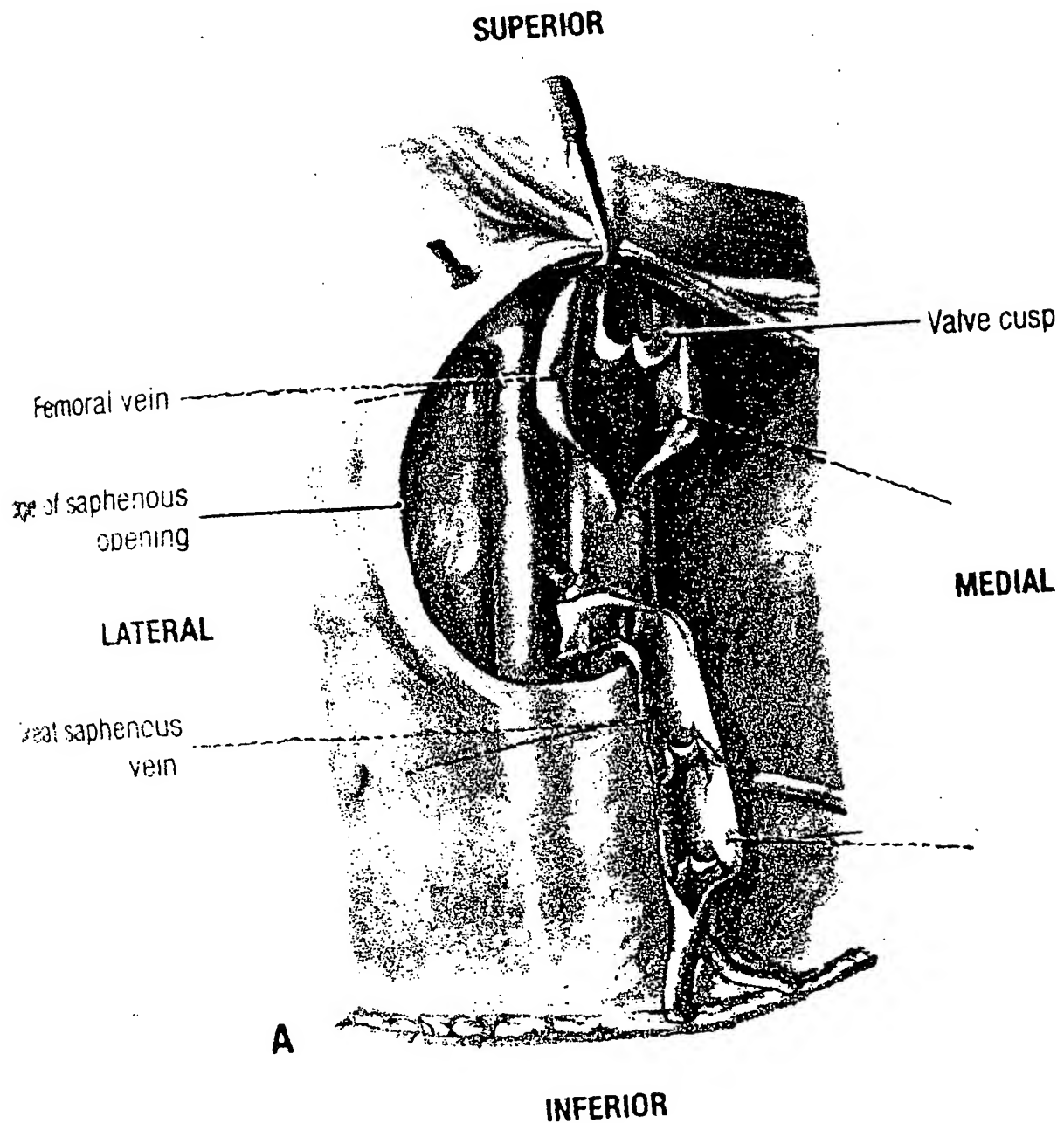
**He is only was able to breathe voluntarily so when he forget to breathe or when ever he falls asleep he would die.**

**I CREATED SHOES THAT MAKES YOUR  
SECOND HEART TO PUMP  
AUTOMATICALLY  
AND SUBCONSCIOUSLY.**

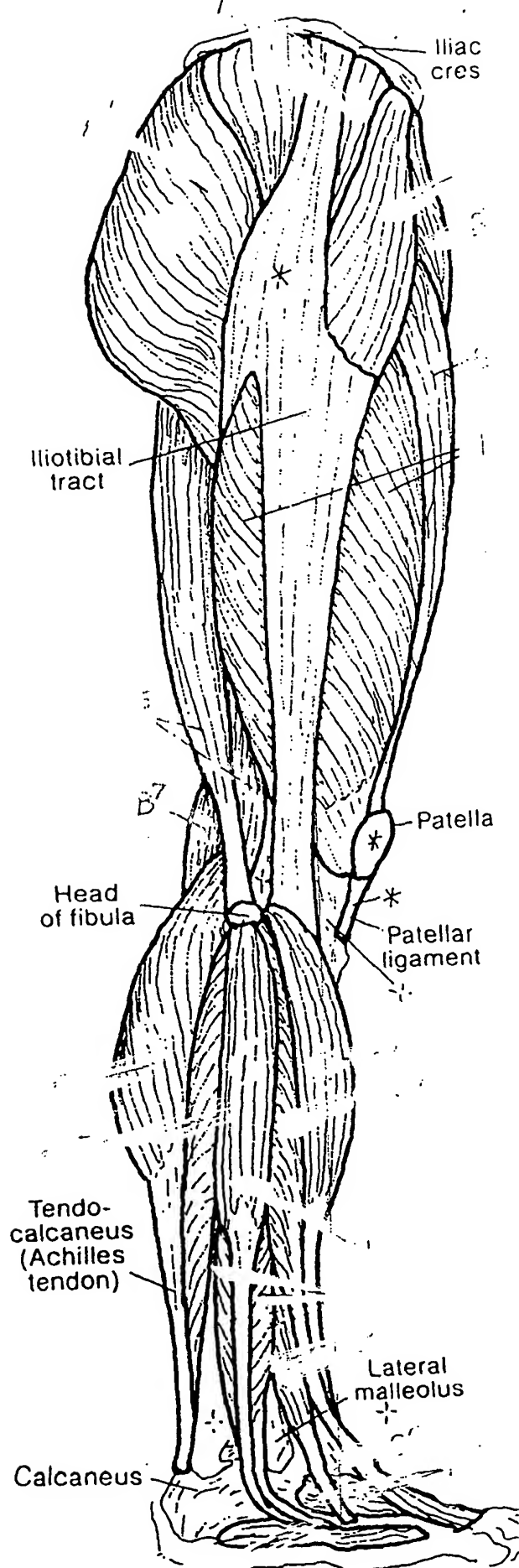
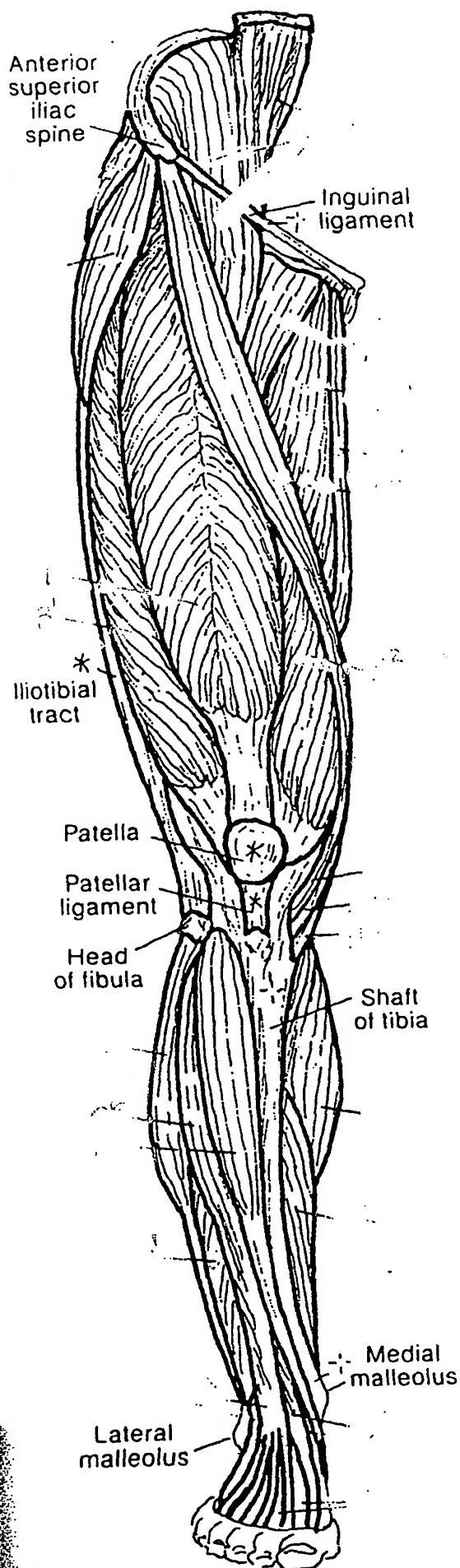
Enjoying house chores  
simultaneously working out,  
Bones mass maintenances,  
(that normally needs  
piezoelectric effect meaning  
calcium will seat in bones  
that without weight bearing  
exercises will not happen  
enough for healthy bones

And more

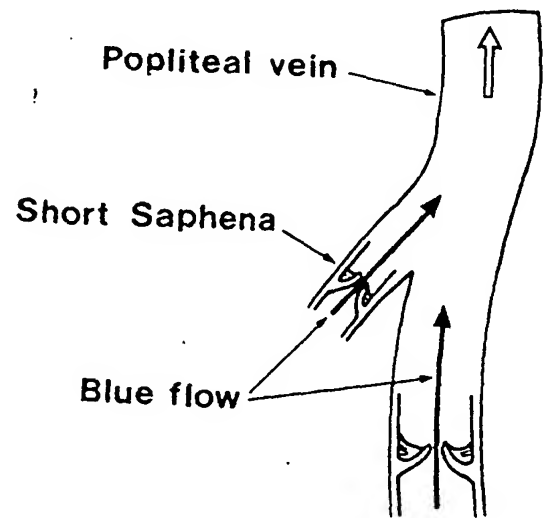
This picture clearly has depicted lower extremities valves in dissected section.



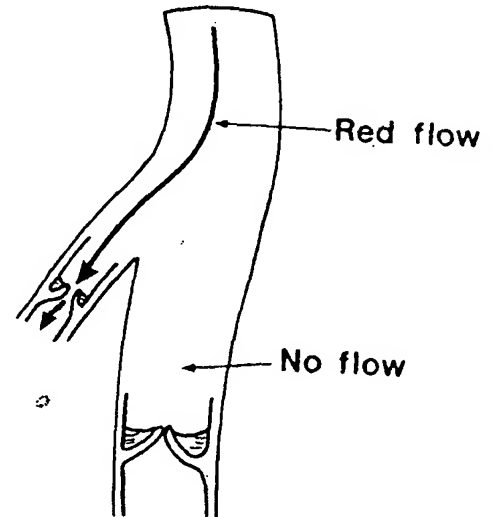
# Complexity of lower extremities musculatures.



Valves that are located in bifurcations of veins.



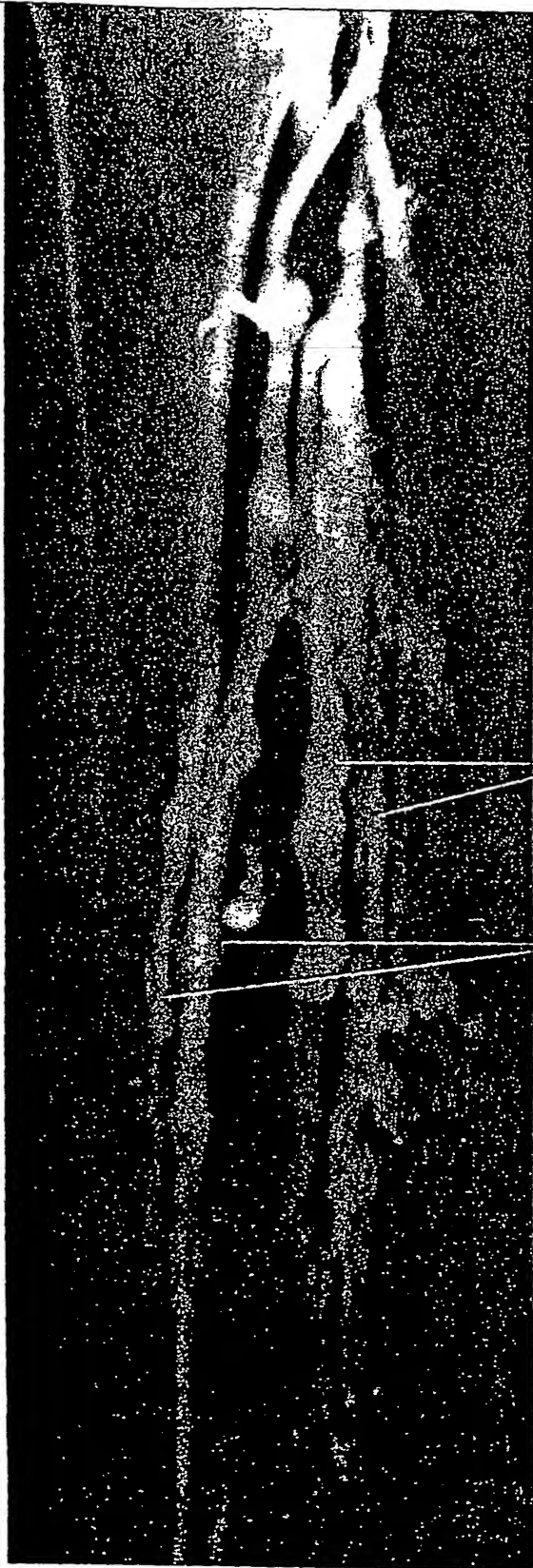
**Compression**



**Release**

In this picture that is imaging study of the musculature of the lower extremities called venogram.

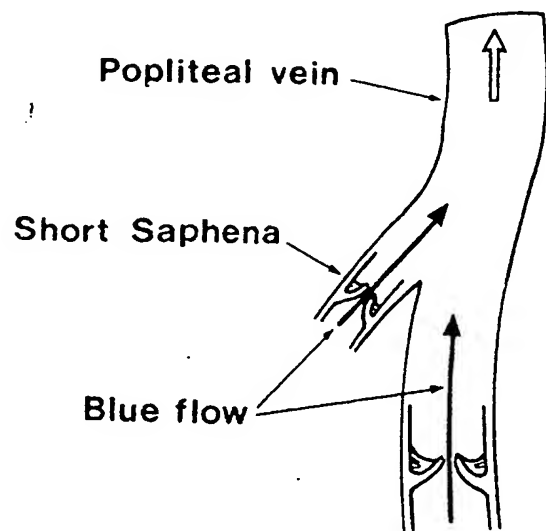
You clearly see the valves locations.



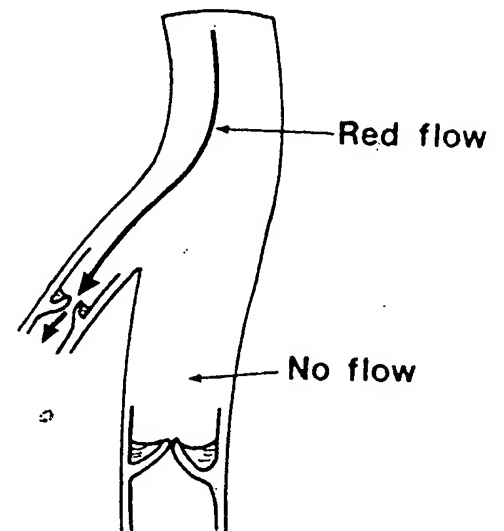
*Peroneal veins*

*Posterior tibial veins*

## Valves that are located in bifurcations of veins.



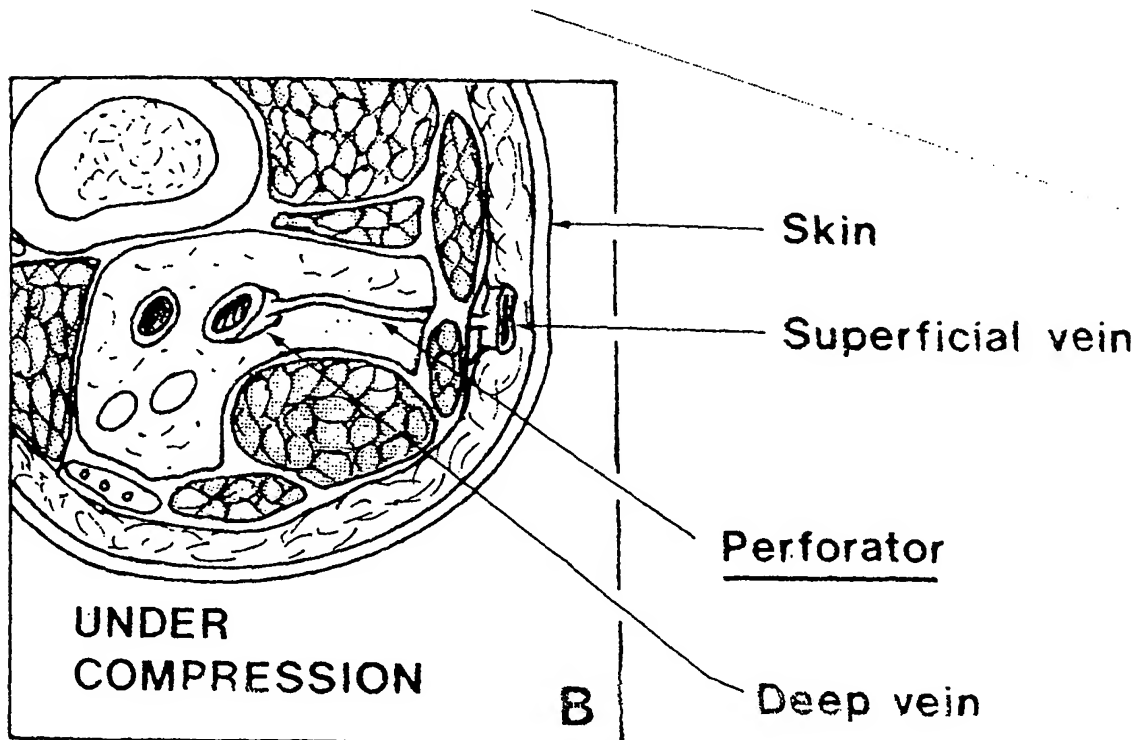
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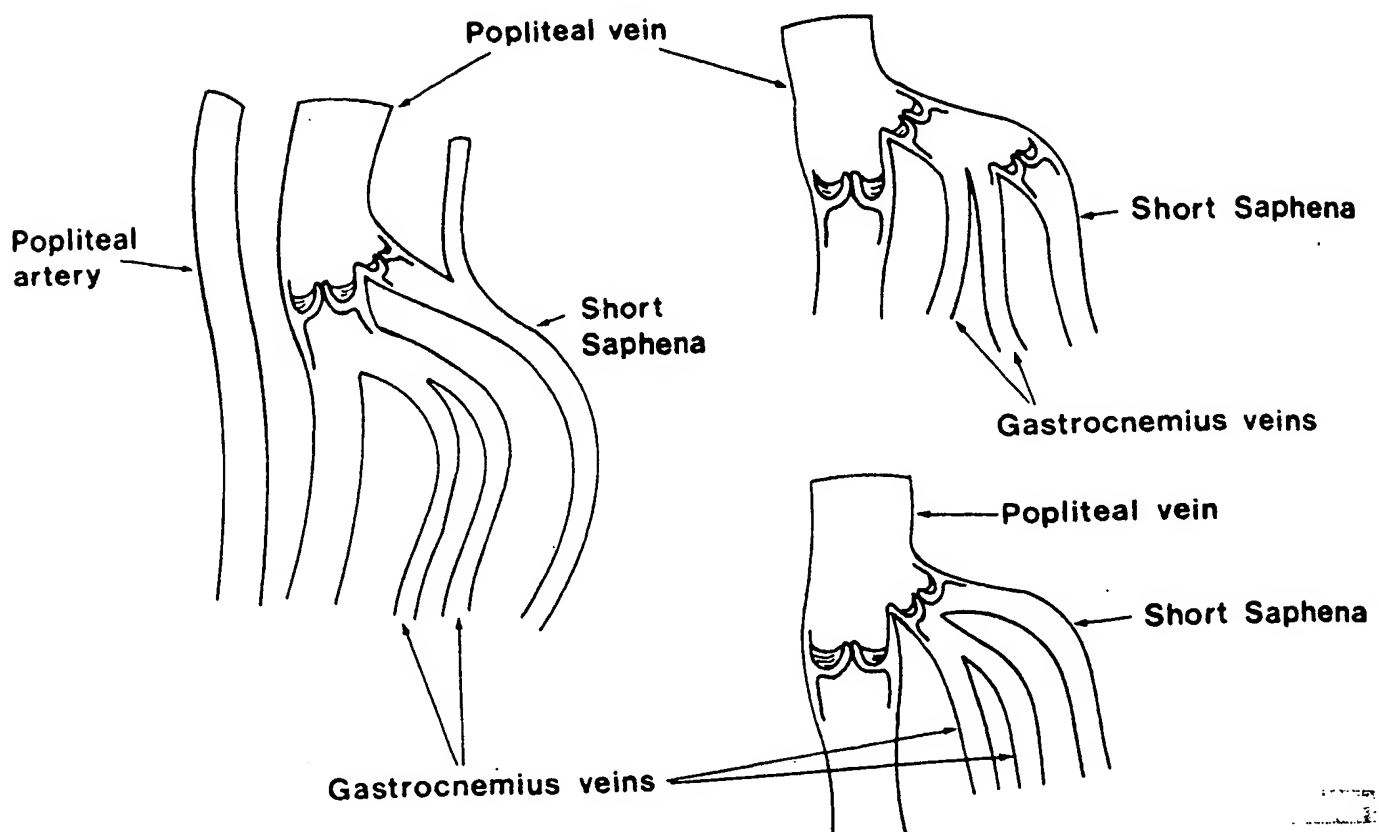
**Release**

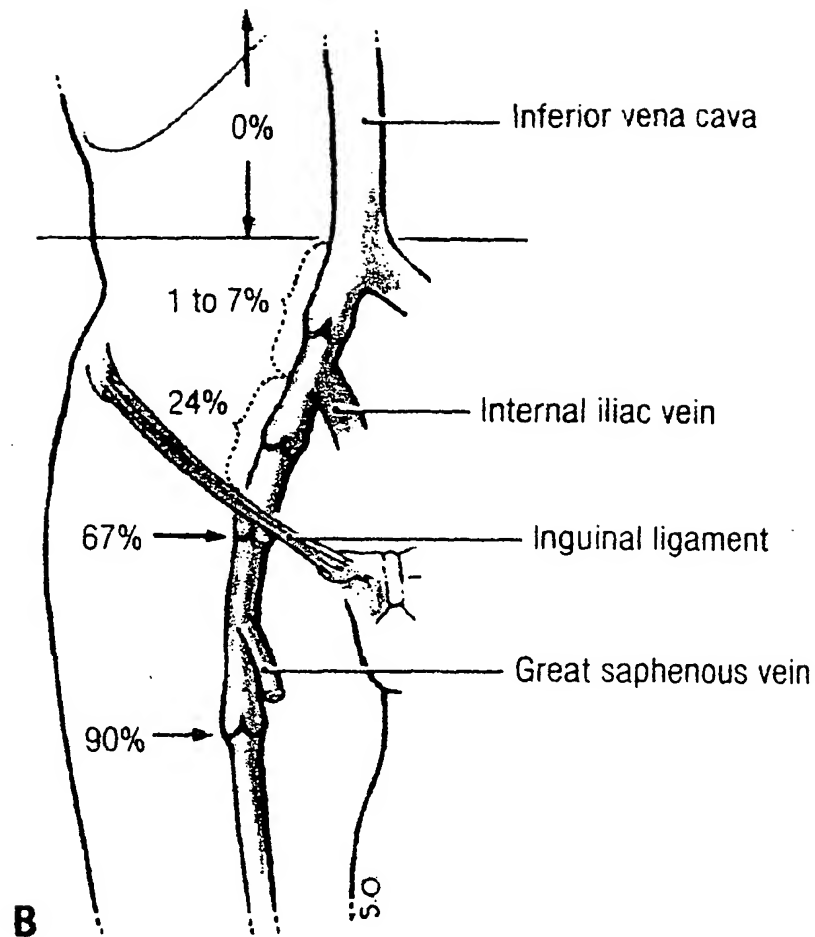


In this picture you see veins in cross section of the lower extremity between the musculature layers.



Valves that are located in bifurcations of veins.

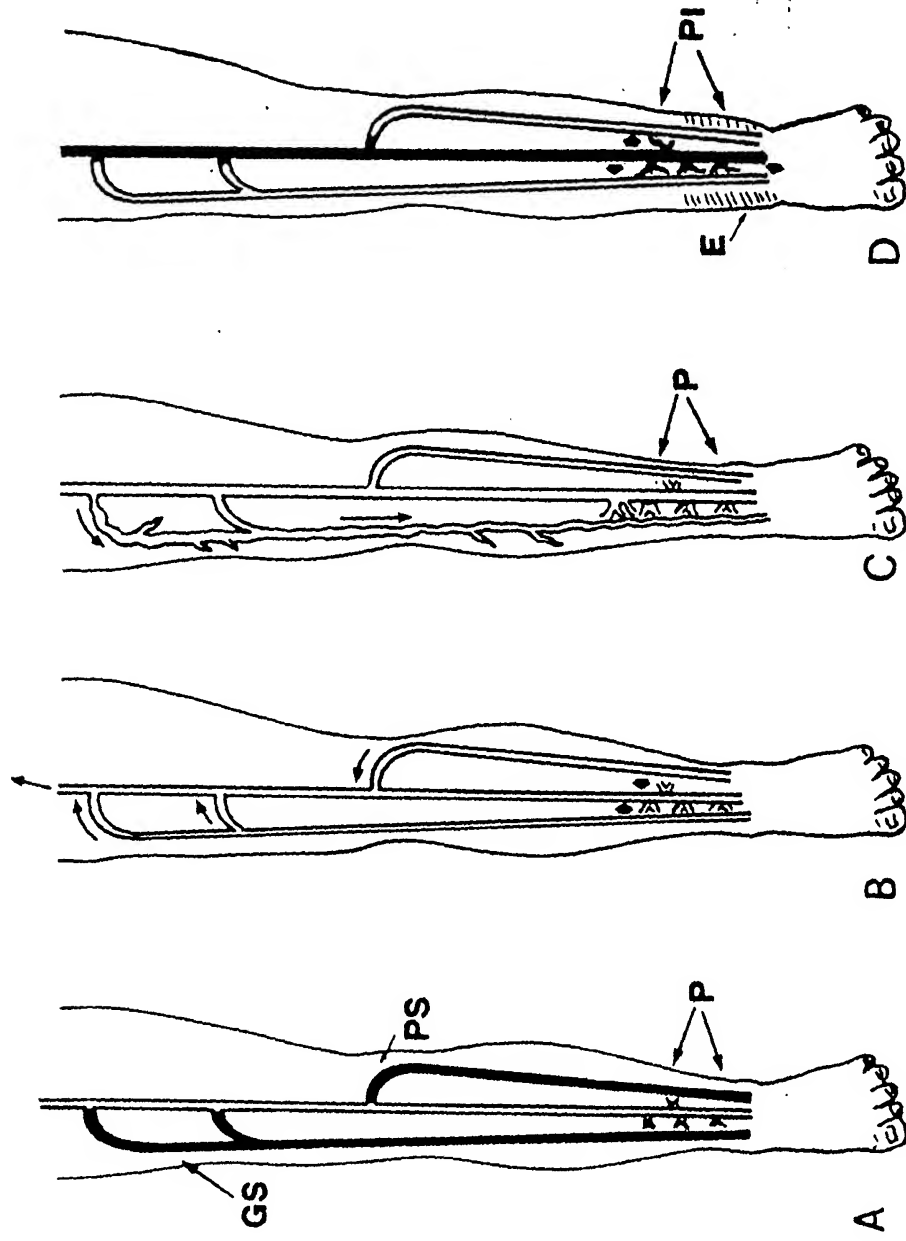


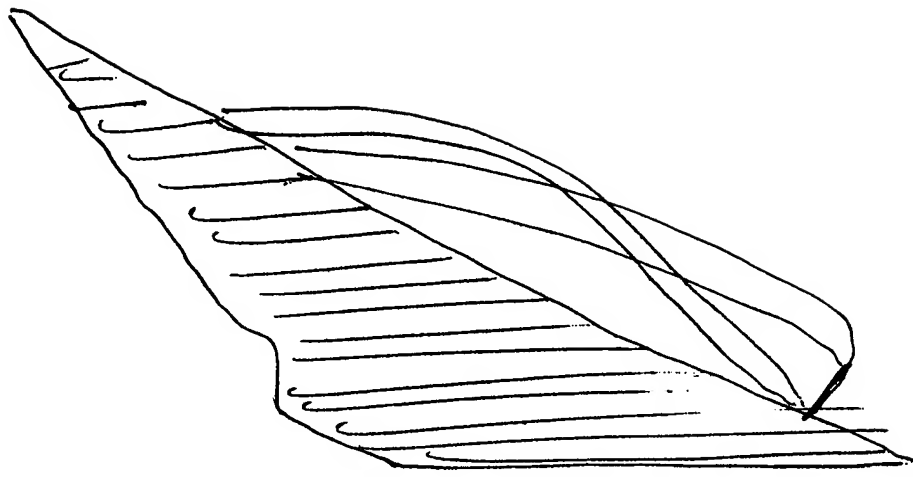


## Valves of proximal part of femoral and great saphenous veins, anterior views

**A.** Structure of valves. The valve is usually composed of two cusps and permits blood flow toward the heart, but not in the reverse direction. **B.** Percentage incidence of valves between the proximal femoral vein and inferior vena cava.

**FIGURE 96.1** Normal venous physiology during standing (A) and walking (B) and abnormalities during exercise (C, D). Pressure in the superficial veins is decreased during exercise if the valves are competent. The action of the muscles promotes venous return from the superficial to the deep system and to the central proximal veins toward the heart (B). When the superficial proximal valves are incompetent, the superficial system becomes varicose (C). In initial superficial venous incompetence, competence of the distal communicating veins maintains venous flow from superficial to deep and venous return during exercise. The efficacy of the calf muscle pump is essentially maintained and the ambulatory venous pressure is only slightly elevated. If the valves of the deep system are incompetent and the distal valves in the communicating veins are also incompetent, severe chronic venous hypertension develops, leading to edema, swelling, and eventually to ulceration (D). GS, greater saphenous system; PS, posterior saphenous system; P, perforators; PI, perforator incompetence.





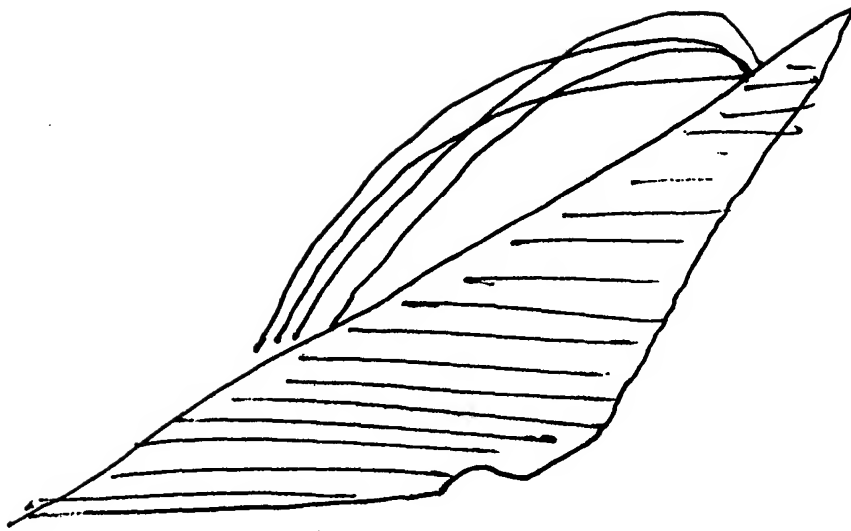
**Swan walking;  
By walking on front part of your  
foot name metatarsal you are  
working your,**

**gasterinimous muscle  
and gluteus minimums  
and gluteus maximums,  
quadriceps muscle  
And pumping the blood against the  
gravitv**

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Three form of walking by health shoes.

1

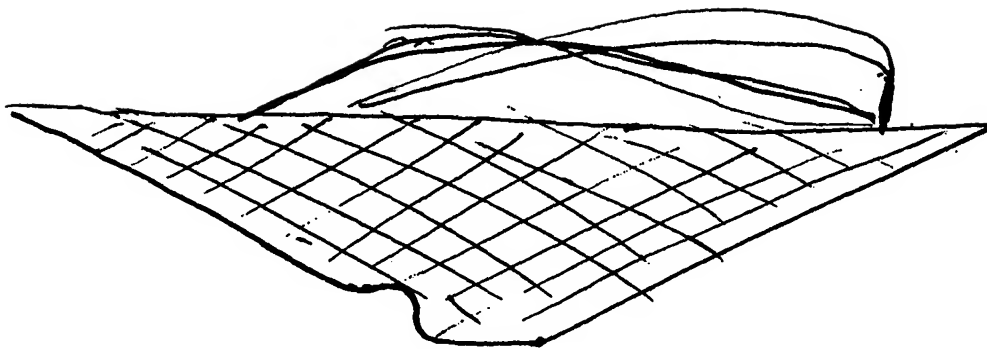


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**Heel walking:**

**By walking on your heel you will  
stretch your gastronomes muscles  
plus hamstrings**

**And pumping you blood against the  
gravity**



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**Normal walking:**  
**By walking on unstable flat form**  
**you working on**  
**your skill for walking,**  
**balancing**  
**and contracting all groups of your**  
**lower extremities and**

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**Pumping the blood against the**  
**gravity**